# Healthy lifestyle wants you!

Junk Food V's Healthy Food















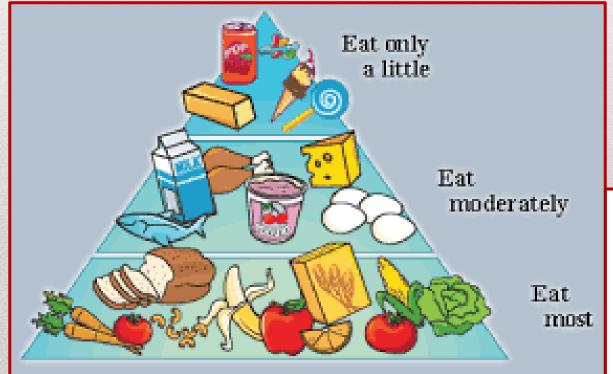
What can we do to be healthy?

### Firstly: healthy foods

























unhealthy food



Secondly: exercise not drugs











# **Exercise not drugs**







## Thirdly: sleep

#### THANKS FOR YOUR ATTENTION!





P.S: eat only healthy food



